

Ground and Path Contemplative Psychotherapy

W. Trent Schmiedehaus, LCSW-S, SEP

COUPLES INTAKE INFORMATION

Today's Date: _____ Referred By: _____

Is it okay for me to thank the referral source? _____

PARTNER #1

Please provide the following information, which will remain CONFIDENTIAL in accordance with Texas state law. You may omit any question that does not apply.

Full Name _____ Nickname _____

Address _____ City, State, Zip _____

Cell Phone _____ Email _____

Date of Birth _____ Age _____ Gender _____

Occupation _____ Employer/School _____ Part/Full Time? _____

Current and Previous Mental Health Issues, Problems and/or Diagnoses _____

Hospitalizations? _____ Current and Previous Suicide Attempts/Feelings? _____

Current and Previous Substance Use/Abuse? _____

Arrests, Legal Troubles or Domestic Violence? _____

Names of Current or Previous Therapist(s) and Dates Seen _____

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Names and Dosages of Any Medication you are Taking

When was the Last Time Your Medications were Revisited/Checked?

Family Physician's Name

Psychiatrist's Name

Current or Previous Physical Diseases or Limitations

Current Physical or Nutritional Concerns

Other Relevant Information You Would Like Me to Know About You

PARTNER #2

Please provide the following information, which will remain CONFIDENTIAL in accordance with Texas state law. You may omit any question that does not apply.

Full Name

Nickname

Address

City, State, Zip

Cell Phone

Email

Date of Birth

Age

Gender

Occupation

Employer/School

Part/Full Time?

Current and Previous Mental Health Issues, Problems and/or Diagnoses

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Hospitalizations?

Current and Previous Suicide Attempts/Feelings?

Current and Previous Substance Use/Abuse?

Arrests, Legal Troubles or Domestic Violence?

Names of Current or Previous Therapist(s) and Dates Seen

Names and Dosages of Any Medication you are Taking

When was the Last Time Your Medications were Revisited/Checked?

Family Physician's Name

Psychiatrist's Name

Current or Previous Physical Diseases or Limitations

Current Physical or Nutritional Concerns

Other Relevant Information You Would Like Me to Know About You

RELATIONSHIP

Marital/Commitment Status

Length of Time Together

Living Together?

If have Children, Please List their Names, Ages, and Primary Place of Residence

Any Other Persons or Relatives Living in your Home?

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Name of Nearest, Close Relative, his/her Relationship to You, and Phone Number

Please check any of the following items that concern you individually or as a couple:

- | | |
|--------------------------------------|--------------------------------------|
| _____ Self-esteem, self-confidence | _____ Family conflicts or pressures |
| _____ Affairs (ongoing or concluded) | |
| _____ Anxiety, nervousness, fears | _____ Friendship conflicts |
| _____ Depression | |
| _____ Sexual concerns | _____ Shyness, being assertive |
| _____ Angry, hostile feelings | _____ Loneliness |
| _____ Traumatic experiences | _____ Procrastination or motivation |
| _____ Physical distress | _____ Money/financial issues |
| _____ Eating or appetite problems | _____ Suicidal feelings or behaviors |
| _____ Alcohol or drug problems | _____ Stress |
| _____ Sleep problems | _____ Self-control |
| _____ Parent-child problems | _____ Health problems |
| _____ Spiritual/existential issues | _____ Work or career concerns |

Please put a **SECOND** check next to those that are of particular concern to you right now.

Anything not noted in the list above? _____

Please describe the main concerns that bring you here:

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Any additional concerns about your relationship?:

What are your goals for couple therapy? What would you like to see changed, different or improved?

The information I have provided above is current and accurate to the best of my knowledge. I understand that knowingly providing false information may result in denial or termination of services, as well as any legal remedies that may apply.

PARTNER # 1 Signature

Date

PARTNER # 2 Signature

Date